

**Duration** 2 days

## Course Description

Having the confidence and skills to make presentations are valuable skills. This participative course aims to develop these skills in a non-threatening environment.

## The Aim

To develop and practice good presentation skills.

## Objectives

By the end of the course, delegates will be able to:

- Identify common problems associated with giving presentations
- Manage their nerves
- Take control of their material, themselves and their audience
- Use visual aids effectively
- Demonstrate these skills through practical exercises

## Subject Areas

- Human fears and managing nerves
- Relaxation techniques
- Planning and preparation
- Structure and content
- Using visual aids
- Communication skills
- Controlling the audience
- Giving a short presentation to practise skills

**To book this course email [learn@trainingedge.co.uk](mailto:learn@trainingedge.co.uk)**